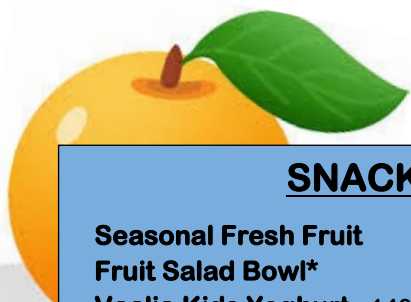


# BANKSIA BITES MENU 2022



## SNACKS

Seasonal Fresh Fruit	1.00
Fruit Salad Bowl*	3.50
Vaalia Kids Yoghurt 140g pouch Strawberry or Vanilla	2.20
Boiled Egg	1.00
Cheese & Rice Crackers GF	1.20
Banana Bread - Homemade	2.00
Muffin – Homemade Fruit	1.50
Popcorn GF Plain or Sweet n Salty	1.00
Custard Cup	1.50
Peckish Rice Snacks GF Cheese or Sour Cream	1.50

## SANDWICHES & SALADS

Vegemite or Honey	2.00
Cheese	2.50
Egg, Lettuce & Mayonnaise	3.50
Ham or Chicken	3.50
+ Salad – Lettuce, Tomato, Cucumber	1.00
Super Salad – Lettuce, Tomato, Carrot, Cucumber, Beetroot, Mayonnaise	4.00
Make it a Wrap	50
Gluten Free Bread or Wrap	1.50
Garden Salad* - Lettuce, Tomato, Cucumber, Carrot, Beetroot, Capsicum	4.50
<u>Extras:</u> Chicken	1.00
Ham, Tuna, Corn	1.00
Cheese	

## TOASTY's

Cheese	2.50
Cheese & Tomato	3.00
Ham & Cheese	4.00
Ham, Cheese & Tomato	4.50
Chicken, Cheese & Mayo	4.50



## DAILY SPECIALS

<u>Monday</u>	Meatball Sub	4.50
	Add cheese	50
<u>Tuesday</u>	Sushi	
	Avocado	3.50
	Tuna	4.00
	Teriyaki Chicken	4.00
	Crunchy Chicken & Avocado	4.00
<u>Wednesday</u>	Burrito	4.50
	Beef, beans, corn, rice and cheese	
<u>Thursday</u>	Hot Dog w Sauce	4.00
	Add Cheese	50

## HOT FOOD

Pasta Bolognese	4.00
Fried Rice – Bacon or Vegetarian GF	4.00
Beef Snack Pie 60g	3.00
Beef Traveller Pie 160g	5.00
Sausage Roll 115g	4.50
Pizza – Ham & Cheese/Pineapple*	2.20
Pizza – BBQ Chicken & Cheese*	2.20
Tomato / BBQ Sauce	50

\* Some items unavailable on Fridays



## BURGERS & WRAPS

Beef Works Burger	5.00
Cheese, Lettuce, Tomato, Beetroot	
Chicken Works Burger	5.00
Cheese, Lettuce, Tomato, Cucumber	
Sauces: Tomato, BBQ, Mayonnaise or Burger	
Chicken Tender Wrap*	5.00
Lettuce, Cheese, Tomato, Cucumber, Mayo Optional - Sweet Chilli Sauce	

## MEAL DEAL \$6.50

Choose one item from each

1. Ham & Cheese Toasty, Pasta or Rice
2. Muffin or Piece of Fruit
3. Popper Juice or Large Water

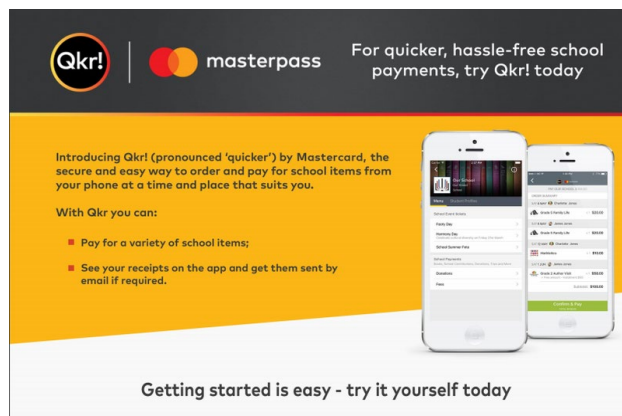
## DRINKS & FROZEN TREATS

Water 250ml	1.00
Water 600ml	1.50
Popper Juice Apple or Orange	1.80
Breaka Flavoured Milk	
Chocolate or Strawberry	2.80
Nudie Tropical Juice	3.00
Fruit Juice Stick ½	50
Lemonade Icy Pole	2.00
Billabong - Chocolate or Rainbow	2.50
Lifesaver	3.00
Frozen Twisted Yoghurt	3.50
Strawberry/Vanilla or Mango/Watermelon	

## HOW TO ORDER FROM THE CANTEEN

### Preferred Method online via the Qkr App

Download the Qkr App.



Getting started is easy - try it yourself today

### Brown Bag System

If you are unable to order on-line there must be a separate bag for each child's order as well as each break. The bag must include the child's name, class and whether for 1<sup>st</sup> break (big lunch) or 2<sup>nd</sup> break (little lunch)

**IMPORTANT - ALL ORDERS FOR BOTH ONLINE AND OVER THE COUNTER MUST BE RECEIVED**

**NO LATER THAN 8.45am**

## BIRTHDAY BUCKETS

*LET US TAKE THE HASSLE OUT OF ORGANISING YOUR CHILD'S BIRTHDAY CELEBRATION WITH THEIR CLASS!!*

**A Fruit Juice Stick or Icypole for each child (and one for the teacher) delivered to the class, with a Balloon for the Birthday Child to keep.**



**\$15 - Quelch Fruit Juice Sticks**

**\$30 - Lemonade Icy Poles**

**\$40 - Billabong Icecreams**

**\*Please order direct with the Canteen**

## What is "Smart Choices"?

Banksia Beach State School Canteen strives to maintain the guidelines set out by Smart Choices, an initiative introduced by Education Queensland and Queensland Health, encouraging children to make healthy food and drink choices.

All items on this menu meet the guidelines of the Qld Government Smart Choices program and are also approved by the Qld Association of School Tuckshops.



**DID YOU KNO?** Our Canteen's primary aim is to offer quality food choices that children enjoy while fuelling them for their school day. Any funds raised are directed back to resourcing our school to support our students' learning.

Our Volunteers play a vital role in the operation of the Canteen. If you would like to volunteer, even for an hour or so during the busy times please drop by or email

[canteen@banksiabeachss.eq.edu.au](mailto:canteen@banksiabeachss.eq.edu.au)

or contact the Canteen Convenor 3408 5358.

Any help is greatly appreciated.