

P&C Meetings are held in D Block SEU the third Wednesday of the month at 5.30pm.

*Banksia Beach State School provides a high quality education enabling every student to achieve personal excellence.*

Wednesday, 18 February 2015  
Volume 2

## PRINCIPAL'S REPORT

Dear Parents,

Thank you to the many parents who attended our information evenings.

We offer many opportunities to be involved with our school and we love our many volunteers. If you have time available and would like to be part of our volunteer army; see your classroom teacher, attend P&C meetings or leave your name at our front counter for our volunteer coordinator to get in contact with you. We are eager to enhance student learning and wellbeing by partnering with parents and caregivers. Parents and families are integral members of the school community and critical partners in their children's education and ultimate success at school.

As I stated at the Parent Evenings I am available to discuss any concerns that you may have. Most problems are easily solved.

### ***Attendance- Every Day Matters***

Many studies have shown that one of the crucial secrets of school success is attendance. Early attendance patterns are important as these tend to be maintained over time, that is, attendance at below 85% in any year is predictive of below 85% attendance in the following year.

We are aiming for an attendance of 94% each day. Last year we had 92%. We do not want children to attend when they are ill. These days are authorised non-attendance, however we want them here on their birthday, your birthday, when Grandma is visiting, when Dreamworld is not as crowded, when you need to go shopping in Brisbane or even when the new puppy is coming home!

We will be introducing an attendance badge which can be earned by achieving 94% or higher attendance certificates for two semesters. Every day matters.

### **Student Leader Induction Ceremony**

Our Student Leader Induction Ceremony will be held on March 6 at 1:30pm. At this ceremony all Year 6 students who completed their leadership booklet last year will receive their badge. Invitations went home this week for parents of these students. This is a very special occasion when we hear from our Captains on their thoughts for 2015. I look forward to sharing this special occasion with you and your family.

### **Vehicle Parking and Pedestrian Access**

To ensure our students remain safe, parents are reminded that vehicle access inside our school grounds is restricted to authorised personnel only.

The Bribie Island Police patrol our car park and street parking to ensure compliance with parking signage within school zones. They have also indicated that they will be issuing fines where illegal parking is observed.

Let's Have a Great Week!

Regards

Mrs Jacqui King

Principal

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## **TRAVEL CHOICE NEWS**

### **HOW DO YOU TRAVEL TO SCHOOL?**



During the second week of term we conducted in class hands-up survey to find out how families are travelling to school. The survey results show;

- 8% walk to school
- 11% cycle , scooter or skateboard to school
- 17% catch the bus to school;
- 2% carpool to school; and
- 62% of students travel as a passenger in the family car to school

Our goal is to have a 10% decrease in car use over the year. If everyone walked, cycled, carpooled or caught the bus even part the way to school just once a week our school would become a less congested and safer place for our students. Why not pick up one of our Active and Safe Mapping Booklets from the office and use the suggested parking locations and walk or ride part of the way to school.

Peter Hartshorn for Travel Choice Committee

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## **CANTEEN NEWS**

The canteen is open every school day. We recently sent home a menu to each family; if you did not receive a menu please see the canteen or they are available on the school website. It is important that **ALL** orders are placed by 9:00am to ensure orders are prepared in time for lunch break. The canteen has EFTPOS facilities and will cater for lunches over the phone in an emergency situation. Online ordering is available, please see canteen for further details. Students can purchase ice creams/ice blocks at first break only, they must be pre ordered for second

break. Please be advised if your child is swimming we prefer that your child does not order canteen on the day of swimming as lunch breaks are not at the designated time. A big welcome to our new volunteers we appreciate your valuable time. Any further enquires please contact the canteen.

Amanda Waters - Canteen Convenor

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## **UNIFORM SHOP**

- Senior Shirt Orders are due this Friday 20 February, shirts will be available in approx. 6-7 weeks and will be delivered to classrooms.
- House Polo orders are due Friday 27 February, cost \$25
- Banksia Beach Bears dressed in check shirt available, cost \$25
- Bellara Newsagent has stock of Maths Plus Books now available

### **Uniform Shop Hours:**

Mon, Tues, Wed & Friday 8:00am – 10:30am

Thursday 2:00pm – 3:30pm

Marnie Kellogg – Uniform Shop Convenor

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## **P&C NEWS**

The P&C's Annual Easter Eggstravaganza!! We need your help to make this year's prizes bigger & better! We are asking each family to donate 1 Easter Egg per family.

Donations can be handed in at the canteen.

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## **BANKSIA BEACH KINDERGARTEN**

Parents are asked not to park in the Kindy car park unless they have a Kindy child attending that day.

The Kindy has a couple of vacancies for 2015 and parents are asked to contact the Kindergarten on (07) 3410 8740 or drop in between the hours of 8-3 if they are interested in a Kindergarten place for their child.

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## **START THE SCHOOL YEAR RIGHT: *Tips from some experts***

It is no secret that a new school year can be especially daunting for some children and can create a little uncertainty. It is important to get our children to school on time so they can go in to their class together. Arriving late can be an upsetting start to the day for children, peers and the teacher as it effects the smooth operation of the day with a break in routine, overall disruption and learning time.

It can also be a difficult time for the whole family having to get back into a school routine after having such a long break. Whether it's finding more time for family activities or getting better organised for school, the start of a new school year is a good time to rethink and plan ahead. Do you feel like you are always rushing? Is there a lot of yelling going on at your house? Take the opportunity of a new school year to rethink your family's activities. Here is some information on how families can start the school year off right for success at home and at school.

### ***Listen without fixing***

Just once during the first few weeks of the new school year, resolve to listen to your child's story about something that happened in school without immediately "fixing" the problem, interrupting or teaching a constructive lesson. Concentrate on listening first and then later on, when you and your child are both calmer, give advice or guidance and keep it short, very short!

### **Make a habit of finding time to talk and listen**

Pay attention to the times of day your child is most naturally open, whether it be during after-school snack, whilst watching TV, at bath or bed time, and protect those times as very special. Get in the habit of talking and listening for just a few minutes a day. Having dinner together as a family is also a wonderful relaxing opportunity to share the days experiences.

### **Try not to overextend**

Make an effort to limit activities for your kids, especially younger kids – one or two activities are enough, especially for parents with more than one child. Otherwise, it causes stress all round. If you have a child with special needs, he/she may already be getting extra services at school, such as working with a learning specialist and/ or a tutor. If you add on more than one or two extracurricular activities, you'll have overload.

### **Think about what you can do to make your family daily life go more smoothly**

What bothers you? What bothers your child? What in your family life needs adjusting? Role-play a conversation in your head in advance so you know what you want to accomplish. Once you sit down with your child, discuss the situation and what each of you can do to make it better. You may want to write a contract and have both parent and child sign it. Be sure to write your contract according to your child's and your family's needs. Here are just a few suggestions:

I will do my homework at four o'clock daily so my mum won't have to bug me about it.

- I will put my dirty clothes in the clothes basket.
- I will eat a healthy snack when I get home from school and my mum will allow me to help her prepare it.

### **Use driving time to play some educational games**

Whether driving to school, an after-school activity or to a friend's house, you can make the ride fun by playing some games and exercising their brains. Try "I spy," a game that is great for developing descriptive vocabulary, particularly for young children. You can play by describing an object (or beginning letter of an object) that you see out of the window (or inside the car) and ask your child to "spy", spot or guess it. Another game to try is Geography, where you say a state, country or city. Your child then has to figure out the last letter of the word and say a new location using that last letter. A game that my family still love playing is to make funny words up from a car number plate in front.

### **Schedule time to relax**

Too many things on your family's "to do" list? Consider adding one more to your list this year: relaxation! Schedule a family Saturday games night at home to play board games such as scrabble, pictionary, monopoly (the younger age appropriate games). Alternatively, consider renting a classic family movie such as "Wizard of Oz," "Babe" or films of more recent vintage such as "Paper Planes" or the new "Cinderella" movie coming soon. Make popcorn, curl up on the couch and turn off the computer, mobile phone and video games.

### **Bibliography**

*Dr. Ron Taffel, a child and family therapist and author of Parenting by Heart, Why Parents Disagree, Nurturing Good Children Now, The Second Family, and a guide for child professionals, Getting Through to Difficult Kids and Parents. Dr. Ruth Jacoby, author most recently of Parent Talk!; The Art of Effective Communication With the School and Your Child. Debra Collins, a family therapist. Dr. Susan Goldman, a child and family psychologist.*

### **ARE YOU A PARENT OF A CHILD WITH TYPE 1 DIABETES?**

Every day, thousands of Australian children suffer the effects of Type 1 diabetes and families struggle with illness management and children's behavioural and emotional adjustment. Positive Parenting for Healthy Living is an adaptation of the successful Triple P - Positive Parenting Program offering



practical ideas and support for parents of children with Type 1 diabetes. This innovative group program is designed to help parents manage their child's illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour. Over the next few months and for a limited time only, parents of 2-10 year old children with Type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P as part of a University of Queensland research project. Parents will be able to attend the program free of charge, and will be asked to complete 2 sets of assessment measures (questionnaire and family observation) over a 6 month period, as part of the study. Contact Aditi Lohan on (07)

33467689 or email [diabetes.healthyliving@uq.edu.au](mailto:diabetes.healthyliving@uq.edu.au), or visit <https://exp.psy.uq.edu.au/t1diabetes> for more information.

## **COMMUNITY NEWS**

**Welcome the world to your home** - Why not host an overseas exchange student with AFS Intercultural Programs? We have participants due to arrive in July and they require volunteer host families for their stay in Queensland. Participants come for 8 weeks to 5 months and attend high schools or volunteer for organisations in the community. They come from countries including Switzerland, France, Italy, Germany and many more. Make a friendship that can last a lifetime. For more information please call **your local AFS volunteer Kelly Mudford on 0448 065 990** or contact the AFS Hosting team on 1300 131 736 or visit [www.afs.org.au/host](http://www.afs.org.au/host) to make an inquiry!

### **Bribie Island Library Homework Centre**

Every School Day Monday to Friday

3:00pm-4:00pm

9 Feb to 2 April 2015

Years 4 to 6 – no bookings required

Parents / Carers welcome

- ❖ Free internet for your homework (30 mins)
- ❖ Five pages of free printing for your homework
- ❖ Drinks/snacks available or BYO
- ❖ Library staff on hand to answer questions

### **Milo In2 Cricket**

Queensland Cricket is running Milo In2 Cricket clinics at our school every Tuesday for 6 weeks starting on Tuesday 24 February. The clinics will run from 3.15 - 4.15pm and the cost of the clinics, including all the gear, is \$85. If interested, register online asap as they need to have fifteen participants before they can proceed. Register at [www.qldcricket.com.au](http://www.qldcricket.com.au), go to the 'Get Involved' tab, and scroll down to 'Milo In2 Cricket' and then click on the 'Banksia Beach' button.

## **Date Claimers**

### **February**

Wednesday 18	P&C Meeting 5:30pm in D Block SEU
Monday 23	Yr 3 Bike Clinic
Tuesday 24	Yr 3 Bike Clinic
Wednesday 25	Yr 3 Scooter Clinic
Thursday 26	Yr 3 Scooter Clinic

### **March**

Wednesday 4	Student Council Spider Day
Friday 6	Student Leaders' Induction Ceremony 1:30pm
Sunday 8	Bribie Triathlon Round 4 & BBQ
Friday 13	Ride2School Day